



What If?

What if
I have a voice
That no one else has
To heal
Make whole

Do I run from
The fear that it
Will not measure up
To my skewed picture
of my perfect self?

I never thought of it
this way -
That my fear may
Cause someone else
to endure pain that
my voice could relieve.

So
face my fear
or relieve someone else's pain
My choice
is clear
Why do I hesitate?

"Prior to seeing Karen Mosbacher's paintings, *Before I Was Me*, I didn't even realize I had been suppressing deep emotions that lay buried. Her works unleashed a torrent of feelings I didn't even know were still there."

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Teresa Morton, *What If*, 2021
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